

Greetings,

I have a friend who lives in Duluth , MN. On Monday, it was 70 degrees. On Tuesday, he woke up to snow. He was not amused. But, I look outside my office window, to the Garden Beds in the Cloister Walk, and the Crocus have popped. That is my indicator that Spring is here. With it comes all of the usual Spring stuff. We are laying out in our minds, and on notebook paper, how we would like our garden beds at home to look this year. For the past several years, the birds have decided what gets planted – but not this year. This year we will take ownership of the front garden beds of the house. And, since we had to remove some trees from our lot during the winter, we now have sunlight on much of our ground, so we may actually be able to grow some of our own vegetables for eating during the summer. There is nothing quite like getting ready for Spring (and I say this as a self-professed Winter person).

Of course, all of the preparations we do at home, we prepare ourselves equally at church. In worship, our texts take us closer and closer to Jerusalem – closer and closer to that place where everything turns for Jesus. The stories go from teachings and healings to trial and passion. A strange twist. It seems, as the church, we always have to deal with a coin that is constantly being flipped on us – heads one moment, tails the next. This is the life of the church, celebration walks side by side with anguish and mourning. This is our lives.

Coming up in the life of the church:

Agape Meal on Maundy Thursday, April 17 at 6:00 p.m. The Agape meal is a nod to the Jewish Seder Dinner, but also encompasses the Divine commandment that we should love (Greek Agape) one another. Our celebration of the Agape Dinner was sidetracked last year due to Pastor Dave's illness, but this year, we would like to resume the celebration. Sign Up Sheets are posted to the left of Pastor Dave's office door – folks are needed to help cook on April 16, Set the Hall on April 17, Serve the Dinner, and Clean Up after the Dinner. Also, because the congregation of St. Stephen the Martyr was so gracious in accommodating us last year, we have invited them to participate with us this year. So, sign up, to work and to participate in the celebration of AGAPE.

Holy Week April 13-20 In just a few more weeks, Holy Week will be upon us. We will celebrate the week as follows:

- Sunday, April 13 – Palm Sunday – All of the Youth Choirs will join in amazing new of Jesus' triumphal entry into Jerusalem.
- Thursday, April 17 – Maundy Thursday – Agape Meal – 6:00 p.m. – We will celebrate Jesus' New Commandment to Love One Another with the Agape Meal. (see note above)
- Friday, April 18 – Good Friday – 2:00 p.m. Ecumenical Cross Procession through the village, beginning at St. Thomas of Canterbury Episcopal Church. 3:00 p.m. Ecumenical Good Friday service hosted by the Churches of the Green Corners at St. Alphonsus Catholic Church.
- Sunday, April 20 – Easter Sunday – 9:30 a.m. – we will pull out all of the st

Last Soup Friday for Guest House Friday, April 11, will be the last Friday that we take frozen bags of soup to Guest House. Soup is to be placed in two cup servings in Ziploc quart bags, laid flat on its side and frozen. The church will be open until 10 a.m. on Friday, April 11 to drop off your soup. This is the perfect way to use up those left overs you put in bags in the freezer and forgot about.

Peace, Pastor Dave

GREENDALECOMMUNITYCHURCH

SUN DAY

APRIL 6, 2025

WOR SHIP



[CLICK HERE TO WORSHIP](#)

GREENDALECOMMUNITYCHURCH.ORG

GCC Activities

April 3 - April 9

3

THURSDAY

Community Yoga

9:15 AM - 10:15 AM

4

THURSDAY

Bunco

6:30 PM

7

MONDAY

Tai Chi

9:00 AM

8

TUESDAY

Adult Ed:
Introducing Me

1:00 - 2:00 PM

8

TUESDAY

Community Yoga

6:30 PM - 7:30 PM



CLICK [HERE](#) OR
SCAN THE QR CODE
FOR OUR MONTHLY
CALENDAR



Thank you

Our recently concluded California Wildfire Relief effort raised \$1,303 in donations through the pew envelopes. A check for this amount was sent to Church World Service from the church. Thanks to all who donated!



NATIONAL PET DAY



4.11.25



CALLING ALL PET PARENTS!!!!

PETS HAVE A MAGICAL WAY OF MAKING EVERY DAY A SPECIAL CELEBRATION, SO IT'S ONLY FAIR THEY GET AT LEAST ONE DAY WHEN WE SHOW APPRECIATION FOR THEM! WE'D LIKE TO PUT TOGETHER A SLIDESHOW OF ALL OF YOUR PETS FOR NATIONAL PET DAY.

PLEASE EMAIL A PICTURE OF YOUR PET TO [GCCWEB@OUTLOOK.COM](mailto:gccweb@outlook.com) INCLUDE YOUR NAME, YOUR PET'S NAME, AND ONE THING YOU LOVE ABOUT THEM. COULD BE THE WAY THEY MAKE YOU FEEL, A FUNNY QUIRK THEY HAVE, OR MAYBE EVEN THEIR FAVORITE TREAT. ALL PHOTOS MUST BE EMAILED BY APRIL 1. IF YOU ARE HAVING TROUBLE EMAILING A PICTURE, PLEASE LET US KNOW SO WE CAN COME UP WITH A SOLUTION.

VALUES AND VISIONS WELCOMES

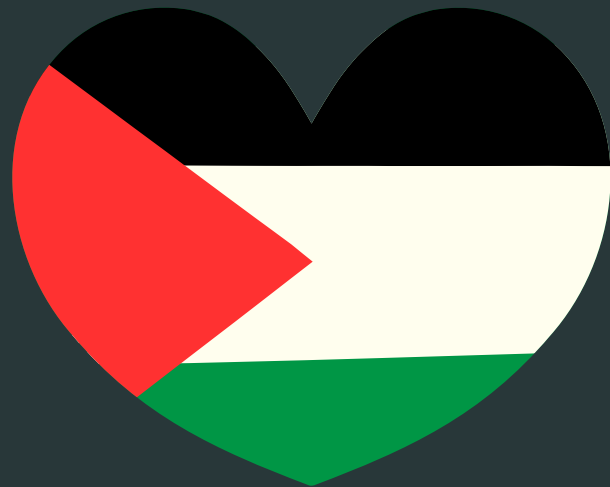
USPCN US PALESTINIAN COMMUNITY NETWORK **MILWAUKEE**

Real Palestinian Life Stories: Life Under
Occupation/Apartheid

Come join 2 speakers from the USPCN Milwaukee Chapter as they
share their personal stories of living under occupation.

MAY 5

6:30 PM



FREE WILL OFFERING APPRECIATED
REGISTER AT:

**[WWW.GREENDALECOMMUNITY
CHURCH.ORG](http://WWW.GREENDALECOMMUNITY
CHURCH.ORG)**





Herbal Allies for Stressful Times

FACILITATOR, WENDY LEHMAN: HERBALISM OFFERS US GENTLE, CALMING SUPPORT TO NAVIGATE DIFFICULT TIMES, HELPING TO CALM ANXIETY AND AN AGITATED HEART, SETTLE A TENSE STOMACH, COOL STRESS, AND EASE A SPINNING MIND. COME LEARN ABOUT EASY TO FIND AND GROW PLANTS TO TAKE AS HERBAL TEAS, TINCTURES, AND HONEYS TO PROVIDE NERVOUS SYSTEM SUPPORT.

APRIL 28 • 6:30PM

GREENDALE

COMMUNITY

CHURCH.ORG/

EVENTS



BREATHWORK *series*

[WWW.GREENDALE
COMMUNITYCHURCH.ORG
/EVENTS](http://WWW.GREENDALECOMMUNITYCHURCH.ORG/EVENTS)

BREATHING FOR BALANCE AND RELAXATION: 5/20 • 1:00 PM

EXPLORING BREATHWORK PRACTICES CAN BE A VERY MEANINGFUL WAY TO EXPERIENCE THE MAGNIFICENCE OF BREATH, WHICH IS OUR CONSTANT COMPANION ON THE JOURNEY OF LIFE, BRINGING LIFE FORCE ENERGY, PEACE AND VITALITY. THIS CLASS WILL INCLUDE A VARIETY OF BREATHING PRACTICES AND TOUCH ON THE SCIENCE OF BREATH FOR OPTIMAL BREATHING IN DAILY LIFE AND FOR RELAXATION. THE BREATHING PRACTICES WILL INCLUDE DEEP RELAXATION, GENTLE MOVEMENT, AND HEART COHERENCE BREATH MEDITATION..

ALL LEVELS ARE WELCOME AND PARTICIPANTS CAN BE SEATED OR LAYING DOWN FOR THE BREATHWORK JOURNEY.

About the instructor - Jillian Holy-Skaja has studied and shared yoga for over 20 years and breathwork for 6 years. Her practice and teaching are strongly influenced by the Himalayan tradition of yoga and meditation as well as her training in Transformations conscious connected breathwork.

BREATHWORK JOURNEY FOR RELEASE AND VITALITY: 5/27 • 1:00 PM

EXPLORING BREATHWORK PRACTICES CAN BE A VERY MEANINGFUL WAY TO EXPERIENCE THE MAGNIFICENCE OF BREATH, WHICH IS OUR CONSTANT COMPANION ON THE JOURNEY OF LIFE, BRINGING LIFE FORCE ENERGY, PEACE AND VITALITY. THIS CLASS WILL PRIMARILY CONSIST OF A GENTLE AND SUPPORTED CONSCIOUS CONNECTED GUIDED BREATHWORK JOURNEY. CENTERING PRACTICES WILL INCLUDE SOME GENTLE MOVEMENT AND BREATHING MEDITATION. EACH INDIVIDUAL EXPERIENCES BREATHWORK DIFFERENTLY AND WILL BE SUPPORTED BY THE INSTRUCTOR. SOME COMMON EXPERIENCES ARE FEELINGS OF PHYSICAL OR EMOTIONAL RELEASE, SENSATIONS OF ENERGY FLOW, OR FEELINGS OF CONNECTION TO SOURCE AND INNER PEACE.



HERB GARDEN WALK

JUNE 26 • 10:00 AM

JOIN GREENDALE
RESIDENT AND STUDENT
OF HERBAL MEDICINE,
WENDY LEHMAN ON A
WALK THROUGH HER
HERBAL GARDEN TO
TOUCH, SMELL, AND
LEARN ABOUT VARIOUS
HERBS.



[GREENDALECOMMUNITYCHURCH.ORG/EVENTS](https://www.greendalecommunitychurch.org/events)

Spring Into Wellness Fair

MAY
14
2025

6:30 PM-8:30 PM

**GREENDALE COMMUNITY CHURCH
6015 CLOVER LANE • GREENDALE**

Wellness is the complete integration of body, mind, and spirit - the realization that everything we do, think, feel, and believe has an effect on our state of well being. Come join us at this FREE event as we SPRING forward into wellness!

PRESENCE PRIMARY CARE: COMPREHENSIVE PRIMARY CARE FOR ALL

KATHRYN RAMBO: SOUND PRACTITIONER

PRANA HOLISTIC WELLNESS SERVICES: NUTRITION CONSULTATIONS & WELLNESS CLASSES

JAMIE MULLEN YOGA: YOGA CLASSES AND RETREATS

CHI, TREES, AND OILS: A COLLECTIVE OF HEALERS & HELPERS

WENDY LEHMAN: HERBALIST

MUSKEGO HEALTH AND WELLNESS: CHIROPRACTIC AND ACUPUNCTURE

GREENDALE VILLAGE VET: PET HEALTH AND WELLNESS

ONE 19 TRAVEL: BEST DAY EVER VACATION PLANNING

Please register at

www.greendalecommunitychurch.org/events

