

Greetings,

We are now half way through the season of Lent – the season of awakening, the season of greening, the season of Spring. Lent was a time for the soul to come alive after the long season of Winter. It was, as it were, a way of marking spiritual time for some folks. We mark times in all sort of ways – regular time, spiritual time, familial time, friendship time.

This past weekend, I attended the funeral of a friend from childhood. His sister is my closest friend, even though we only get to see each other once every couple of years now. But when we saw each other on Saturday, because our friendship was still in place, as solid as it ever was. Time has done its best to chip away at both of us, and we could tell from looking at each other, that our bodies had seen hell, but we're still here, in tact, with more stories to tell.

Lent was concerned with spiritual time, and bringing the spiritual heart closer to the heart of God, and it used the greening of the earth and the physical seasons, as a way to do that. Watch what comes alive in the world, and check that against what is coming alive in your soul. So, I ask you, what is coming alive in your soul. As I typed that word “alive”, I inadvertently typed the word “alove” three different times. That's sort of fits. What has come alove in your soul as this Lent has moved on. What love have you found blossoming? That is what Lent is for.

Coming up in the life of the church:

Fifth Sunday Potluck is coming right around the corner on March 30. Hot Ham and rolls will be provided. You are asked to bring the sides and desserts. Simply sign up on the bulletin board to the left of Pastor Dave's office door, and bring your dish to the kitchen that morning before worship.

Agape Meal on Maundy Thursday, April 17 at 6:00 p.m. The Agape meal is a nod to the Jewish Seder Dinner, but also encompasses the Divine commandment that we should love (Greek Agape) one another. Our celebration of the Agape Dinner was sidetracked last year due to Pastor Dave's illness, but this year, we would like to resume the celebration. Sign Up Sheets are posted to the left of Pastor Dave's office door – folks are needed to help cook on April 16, Set the Hall on April 17, Serve the Dinner, and Clean Up after the Dinner. Also, because the congregation of St. Stephen the Martyr was so gracious in accommodating us last year, we have invited them to participate with us this year. So, sign up, to work and to participate in the celebration of AGAPE.

Holy Week April 13-20 In just a few more weeks, Holy Week will be upon us. We will celebrate the week as follows:

- Sunday, April 13 – Palm Sunday – All of the Youth Choirs will join in amazing new of Jesus' triumphal entry into Jerusalem.
- Thursday, April 17 – Maundy Thursday – Agape Meal – 6:00 p.m. – We will celebrate Jesus' New Commandment to Love One Another with the Agape Meal. (see note above)
- Friday, April 18 – Good Friday – 2:00 p.m. Ecumenical Cross Procession through the village, beginning at St. Thomas of Canterbury Episcopal Church. 3:00 p.m. Ecumenical Good Friday service hosted by the Churches of the Green Corners at St. Alphonsus Catholic Church.
- Sunday, April 20 – Easter Sunday – 9:30 a.m. – we will pull out all of the st

Peace, Pastor Dave

GREENDALECOMMUNITYCHURCH



SUN DAY

MARCH 30, 2025



WOR SHIP



[CLICK HERE TO WORSHIP](#)

GREENDALECOMMUNITYCHURCH.ORG

GCC Activities

March 27 - April 2

27

THURSDAY

Community Yoga

9:15 AM - 10:15 AM

31

MONDAY

Tai Chi

9:00 AM

31

MONDAY

Values and Visions

6:30 PM

1

TUESDAY

Community Yoga

6:30 PM - 7:30 PM



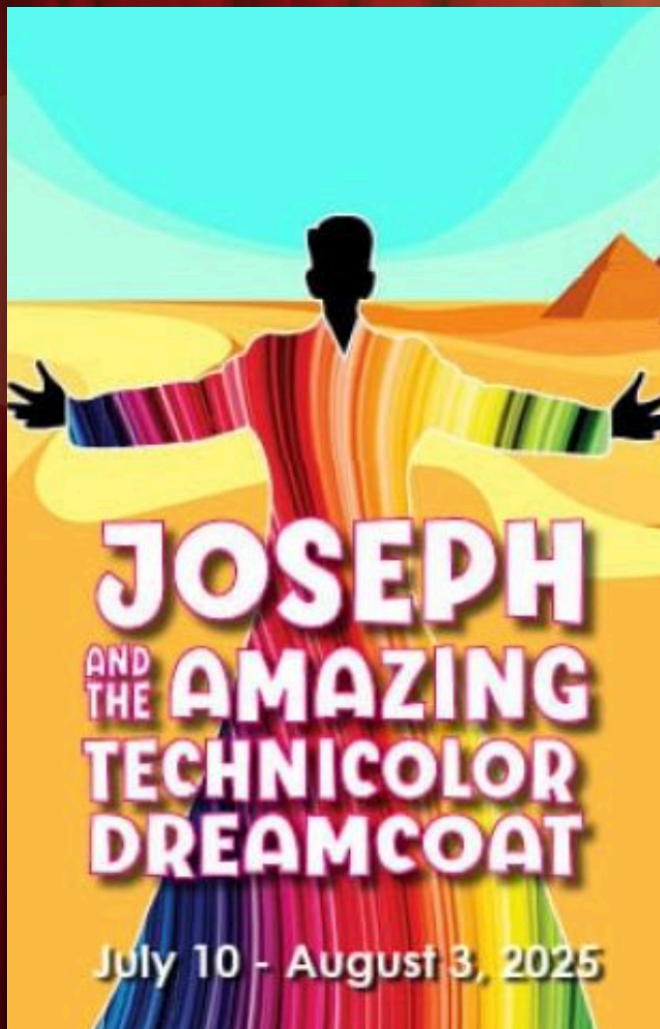
CLICK [HERE](#) OR
SCAN THE QR CODE
FOR OUR MONTHLY
CALENDAR



GCC GROUP OUTING

JOSEPH

AND THE TECHNICOLOR DREAMCOAT



Sunday, August 3

2:00 PM

Tickets: \$24

Please sign up [HERE](#)
to purchase tickets or use QR
code below



Order tickets by April 3

NATIONAL PET DAY



4.11.25



CALLING ALL PET PARENTS!!!!

PETS HAVE A MAGICAL WAY OF MAKING EVERY DAY A SPECIAL CELEBRATION, SO IT'S ONLY FAIR THEY GET AT LEAST ONE DAY WHEN WE SHOW APPRECIATION FOR THEM! WE'D LIKE TO PUT TOGETHER A SLIDESHOW OF ALL OF YOUR PETS FOR NATIONAL PET DAY.

PLEASE EMAIL A PICTURE OF YOUR PET TO [GCCWEB@OUTLOOK.COM](mailto:gccweb@outlook.com) INCLUDE YOUR NAME, YOUR PET'S NAME, AND ONE THING YOU LOVE ABOUT THEM. COULD BE THE WAY THEY MAKE YOU FEEL, A FUNNY QUIRK THEY HAVE, OR MAYBE EVEN THEIR FAVORITE TREAT. ALL PHOTOS MUST BE EMAILED BY APRIL 1. IF YOU ARE HAVING TROUBLE EMAILING A PICTURE, PLEASE LET US KNOW SO WE CAN COME UP WITH A SOLUTION.

VALUES AND VISIONS WELCOMES

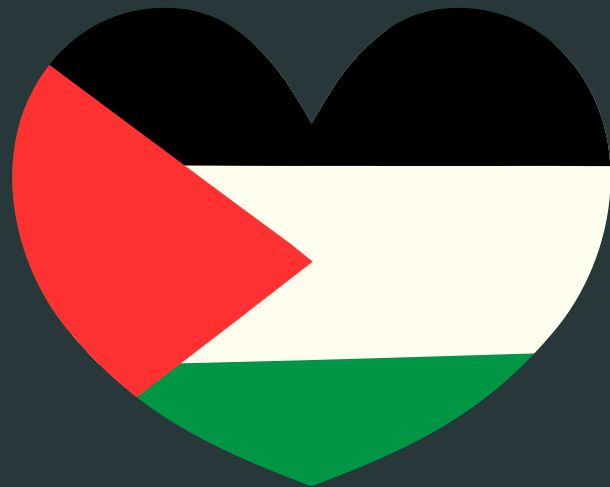
USPCN US PALESTINIAN COMMUNITY NETWORK **MILWAUKEE**

Real Palestinian Life Stories: Life Under
Occupation/Apartheid

Come join 2 speakers from the USPCN Milwaukee Chapter as they
share their personal stories of living under occupation.

MAY 5

6:30 PM



FREE WILL OFFERING APPRECIATED
REGISTER AT:

**[WWW.GREENDALECOMMUNITY
CHURCH.ORG](http://WWW.GREENDALECOMMUNITY
CHURCH.ORG)**





Herbal Allies for Stressful Times

FACILITATOR, WENDY LEHMAN: HERBALISM OFFERS US GENTLE, CALMING SUPPORT TO NAVIGATE DIFFICULT TIMES, HELPING TO CALM ANXIETY AND AN AGITATED HEART, SETTLE A TENSE STOMACH, COOL STRESS, AND EASE A SPINNING MIND. COME LEARN ABOUT EASY TO FIND AND GROW PLANTS TO TAKE AS HERBAL TEAS, TINCTURES, AND HONEYS TO PROVIDE NERVOUS SYSTEM SUPPORT.

APRIL 28 • 6:30PM

GREENDALE

COMMUNITY

CHURCH.ORG/

EVENTS



BREATHWORK *series*

[WWW.GREENDALE
COMMUNITYCHURCH.ORG
/EVENTS](http://WWW.GREENDALECOMMUNITYCHURCH.ORG/EVENTS)

BREATHING FOR BALANCE AND RELAXATION: 5/20 • 1:00 PM

EXPLORING BREATHWORK PRACTICES CAN BE A VERY MEANINGFUL WAY TO EXPERIENCE THE MAGNIFICENCE OF BREATH, WHICH IS OUR CONSTANT COMPANION ON THE JOURNEY OF LIFE, BRINGING LIFE FORCE ENERGY, PEACE AND VITALITY. THIS CLASS WILL INCLUDE A VARIETY OF BREATHING PRACTICES AND TOUCH ON THE SCIENCE OF BREATH FOR OPTIMAL BREATHING IN DAILY LIFE AND FOR RELAXATION. THE BREATHING PRACTICES WILL INCLUDE DEEP RELAXATION, GENTLE MOVEMENT, AND HEART COHERENCE BREATH MEDITATION..

ALL LEVELS ARE WELCOME AND PARTICIPANTS CAN BE SEATED OR LAYING DOWN FOR THE BREATHWORK JOURNEY.

About the instructor - Jillian Holy-Skaja has studied and shared yoga for over 20 years and breathwork for 6 years. Her practice and teaching are strongly influenced by the Himalayan tradition of yoga and meditation as well as her training in Transformations conscious connected breathwork.

BREATHWORK JOURNEY FOR RELEASE AND VITALITY: 5/27 • 1:00 PM

EXPLORING BREATHWORK PRACTICES CAN BE A VERY MEANINGFUL WAY TO EXPERIENCE THE MAGNIFICENCE OF BREATH, WHICH IS OUR CONSTANT COMPANION ON THE JOURNEY OF LIFE, BRINGING LIFE FORCE ENERGY, PEACE AND VITALITY. THIS CLASS WILL PRIMARILY CONSIST OF A GENTLE AND SUPPORTED CONSCIOUS CONNECTED GUIDED BREATHWORK JOURNEY. CENTERING PRACTICES WILL INCLUDE SOME GENTLE MOVEMENT AND BREATHING MEDITATION. EACH INDIVIDUAL EXPERIENCES BREATHWORK DIFFERENTLY AND WILL BE SUPPORTED BY THE INSTRUCTOR. SOME COMMON EXPERIENCES ARE FEELINGS OF PHYSICAL OR EMOTIONAL RELEASE, SENSATIONS OF ENERGY FLOW, OR FEELINGS OF CONNECTION TO SOURCE AND INNER PEACE.



HERB GARDEN WALK

JUNE 26 • 10:00 AM

JOIN GREENDALE
RESIDENT AND STUDENT
OF HERBAL MEDICINE,
WENDY LEHMAN ON A
WALK THROUGH HER
HERBAL GARDEN TO
TOUCH, SMELL, AND
LEARN ABOUT VARIOUS
HERBS.



[GREENDALECOMMUNITYCHURCH.ORG/EVENTS](https://www.greendalecommunitychurch.org/events)

Spring Into Wellness Fair

MAY
14
2025

6:30 PM-8:30 PM

GREENDALE COMMUNITY CHURCH
6015 CLOVER LANE • GREENDALE

Wellness is the complete integration of body, mind, and spirit - the realization that everything we do, think, feel, and believe has an effect on our state of well being. Come join us at this FREE event as we SPRING forward into wellness!

PRESENCE PRIMARY CARE: COMPREHENSIVE PRIMARY CARE FOR ALL

KATHRYN RAMBO: SOUND PRACTITIONER

PRANA HOLISTIC WELLNESS SERVICES: NUTRITION CONSULTATIONS & WELLNESS CLASSES

JAMIE MULLEN YOGA: YOGA CLASSES AND RETREATS

CHI, TREES, AND OILS: A COLLECTIVE OF HEALERS & HELPERS

WENDY LEHMAN: HERBALIST

MUSKEGO HEALTH AND WELLNESS: CHIROPRACTIC AND ACUPUNCTURE

GREENDALE VILLAGE VET: PET HEALTH AND WELLNESS

ONE 19 TRAVEL: BEST DAY EVER VACATION PLANNING

Please register at

www.greendalecommunitychurch.org/events

